

Healthy Hoops® BREATHE: Asthma, COPD, and Your Family

AmeriHealth Caritas Partnership is excited to present a series of **no-charge** one-hour virtual webcasts giving caregivers and patients the chance to participate in a Q and A session with clinical experts.



The goal of this webcast is to highlight clinical components of asthma management, nutrition, and other tools to help properly manage asthma. These tools include the asthma action plan, asthma control test, and methods for measuring whether asthma is under control. Our asthma expert will also discuss asthma attack prevention, anaphylaxis, allergies, chronic obstructive pulmonary disease (COPD), and myths surrounding these topics. All questions will be answered by a medical professional.

Audience: Caregivers, parents, adults

Duration: One hour

Presenters: Maureen George, Ph.D., and Gerald Kolski, M.D.

To view available sessions and register for the series, visit
<https://amerihealthcaritaspartnership.eventbrite.com/>

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#AskHealthyHoops to send in questions ahead of time



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